

**Investigador Responsável**

Raquel Guiné

Duração: 2020 – 2022

Membros da equipa do UICISA: E

Manuela Ferreira

João Duarte

mais

Insects have been identified as a more sustainable alternative when compared to other more conventional animal protein sources. In this way, they can contribute to greatly relieve pressure on the planet and on ecosystems in the imminent need to feed the world population, which is constantly growing. Many chefs have also joined a trend of using insects in their culinary reparations, bringing insects to the top gastronomy level.

In particular, they highlight their organoleptic qualities combined with a recognized nutritional value, evidenced by scientific studies. However, in some markets, insects or insect-based products are not readily accepted, due to some degree of food neophobia.

In this way it becomes relevant to know the attitudes of consumers in different countries, perhaps with different socio-cultural identities, so this project aims to study eating habits, knowledge and attitudes of consumers towards edible insects or products derived from them. For this purpose, a survey will be carried out, developing an instrument for data collection adapted to the project objectives. The questionnaire will be translated into the different languages of the participating countries and applied for data collection. The data collected will be joined for treatment and production of material for dissemination in scientific journals, congresses, among others. It is expected that this project will allow us to better understand consumers' perceptions of this topic, edible insects.