



Amaral, O., Batista, S., Rocha, P., Fernandes, A. D. G., Costa, C. C., Cruz, M. E. A., Ferreira, F. R. M., & Paiva, M. A. D. (2025).

Detecting and managing mental health in work settings: Implementing active breaks in healthcare settings

In P. Moreira (Ed.), *Public health risks: Detection, management and control* (Chap. 6, 99-120). Nova Science Publishers, Inc.

<https://doi.org/10.52305/IPIA6376>