



Pinto C. Chaves C. Duarte J. Raposo A. Zandonadi R. P. Monteiro S. Teixeira-Lemos E. (2024). Exploring Lifestyle Factors and Treatment Adherence among Older Adults with Hypertension Attending a Mobile Health Unit (MHU) in a Rural Area of Central Portugal. *Nutrients* 16(8) 1112. <https://doi.org/10.3390/nu16081112>