

Vasconcelos, C., Cabral, M., Ramos, E., & Mendes, R. (2021). The impact of a community-based food education programme on dietary pattern in patients with type 2 diabetes: Results of a pilot randomised controlled trial in Portugal. *Health & Social Care in the Community*, 29(6), e318-e327. DOI: [10.1111/hsc.13356](https://doi.org/10.1111/hsc.13356)