



**Duration: 2022 - 2024**

## **Principal Researcher**

Raquel Vaquero Cristóbal

## **CI&DEI's Principal Researcher**

**Antonino Pereira**

## **Team Members**

**Francisco Mendes**

**Abel Figueiredo**

## **Funding**

ERASMUS+

[more](#)

This project is a continuation of the “AGES Project”, which analyzed gender differences in adolescent sports practice and found that gender stereotypes were still present in sport. Previous research has focused on analyzing the influence of parents on adolescent practice, but coaches and teachers have been relegated to second place, despite the hours of sports practice they perform with adolescents. Therefore, without leaving aside the other stakeholders (parents, sports directors, athletes), coaches and teachers will be the main target of the project. The main objective is to promote among coaches, teachers, athletes and sports directors the equal practice and inclusion of adolescents in sports, in order to put an end to gender stereotypes present in this field in the six participating countries. WP1 represents the “Project management and Coordination”, being UCAM the main responsible for managing the project. WP2 corresponds to “Promotion of Gender Equality, Equity and Inclusion in Sport” in which a Focus Group (A1), a



European Handbook (A2), and a workshop (A3) will be carried out. In WP3 “Innovative course for physical education teachers and coaches of sport clubs”, the content of the training courses for coaches and teachers will be designed and developed (A4), the courses will be implemented (A5) and the creation of pedagogical material for elearning training will be carried out (A6). WP4 corresponds to the “creation of a decalogue of good practices” (A7) including the most relevant contents obtained during the project for the promotion of equality and equity in adolescent sport. It is intended that the results obtained on the improvement of teachers’ and trainers’ knowledge on gender stereotypes have the widest possible scope and dissemination (WP5). In this way, the material generated during the project could be useful for the training on gender stereotypes of other professionals from different countries.