



Mendes, L., Leonido, L., Pereira, A., Morgado, E. (2025).

Effects of theta-binaural beats auditory stimulation on creativity, psychological well-being and mood states of university students: Pilot study.

*International Journal of Innovative Research and Scientific Studies*, 8(2), 239-248.

DOI: <https://doi.org/10.53894/ijirss.v8i2.5142>