



# Compassionate psychological flexibility in athletes and coaches

Carraça, B., Magalhães, C., Matos, M. G. (2025).  
Compassionate psychological flexibility in athletes and coaches.  
In A. M. Columbus (Ed.),  
Advances in psychology Research (Cap. 5, pp. 121-146). Nova Science Publishers, Inc.  
<https://doi.org/10.52305/STZF4685>