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Research Line:

Education, Citizenship and Inclusion

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The Para-Limits project aims to enable high-level sportsmen and women with any kind of disability to successfully complete their sports and university careers without undermining one over the other. The name Para-Limits refers to those high-level athletes, Paralympics included, who seek to break down barriers and display their talent without limits.

The overall aim of Para-Limits is to contribute to the existing EU policies on social inclusion through the promotion of Dual Career for high level athletes with disabilities. The goal is to design a comprehensive solution that can be implemented with low cost and effort in different member countries of the European Union in order to achieve the



effective integration of this population group and to eliminate the barriers that prevent them from developing a successful university and sports career.