



Oliveira, L.; BinMowyna, M.N.; Alasqah, I.; Zandonadi, R.P.; Teixeira-Lemos, E.; Chaves, C.; Alturki, H.A.; Albaridi, N.A.; Alribdi, F.F.; Raposo, A.
[a Lunch from Home](#).
Nutrients 2024, 16, 1722.
<https://doi.org/10.3390/nu16111722>